

CLASES COLECTIVAS 2018/2019

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
9:30	50' CYCLING SALA CYCLING	55' BODYPUMP SALA 1	30' CYCLING SPRINT SALA CYCLING	45' CX PUMP SALA 1	50' CYCLING SALA CYCLING	
10:15			45' BODYCOMBAT SALA 1			
10:30	30' CX WORX SALA 1	50' ZUMBA SALA 1	50' FITDANCE SALA 2	50' ZUMBA SALA 1	50' FITDANCE SALA 1	50' CYCLING SALA CYCLING
11:00	CYCLING VIRT UAL SALA CYCLING	CYCLING VIRT UAL SALA CYCLING		CYCLING VIRT UAL SALA CYCLING	CYCLING VIRT UAL SALA CYCLING	
11:30		50' PILATES SALA 2		50' PILATES SALA 2		
12:00			CYCLING VIRT UAL SALA CYCLING			
18:30	50' CYCLING SALA CYCLING	45' CX PUMP SALA 1	30' CX WORX SALA 1	50' CYCLING SALA CYCLING		
19:00			50' FITDANCE SALA 2	55' BODYCOMBAT SALA 1	30' CX WORX SALA 1	
				50' ZUMBA SALA 2	50' FITDANCE SALA 2	
19:30	55' BODYPUMP SALA 1	55' BODYCOMBAT SALA 1	55' BODYPUMP SALA 1			
19:45					45' BODYPUMP SALA 1	
20:00	50' PILATES SALA 2	50' CYCLING SALA CYCLING		45' CX PUMP SALA 1		
				50' PILATES SALA 2		
20:30	50' CYCLING SALA CYCLING	50' ZUMBA SALA 1	50' CYCLING SALA CYCLING		45' ZENLab SALA 1	
		45' ZENLab SALA 2				